Americans throw away 25% more trash during the holidays.

According to Worldwatch Institute:
33% more food is thrown away during the holidays.

According to Use Less Stuff (ULS):
The extra waste amounts to 25 million tons of garbage or about one million extra tons per week.

Much of the 28 billion pounds of edible food thrown away each year is wasted during the holiday season.

Think Recycle and Compost during the holidays.

Food:
1. buy it with thought
2. serve just enough
3. use what is left
4. compost food scraps

Don’t waste it.
Reduce waste generated during the holidays

Keep it simple

One thoughtful gift is better than six wrapped packages of unwanted gifts

Give an experience or an event to remember

Tickets to a concert or sporting event
Gift certificates to dinner, for a massage or day at the spa
Membership to a museum or zoo

Children can give coupons for their time
extra chores
cooking dinners
watching a younger sibling
giving plenty of hugs and kisses

Reduce paper waste
Send electronic holiday cards
Reuse packaging, cartons and shipping materials.
Use earth-friendly gift wrapping alternatives:
scarves, handkerchiefs and bandanas
old posters and maps
newspapers (comic section works great)

Don’t wrap
Hide gifts and give the recipient clues or a map

Compost real trees
Check with your community solid waste department and find out if they collect and mulch trees

Think Recycle and Compost during the holidays